

Personal, Social and Emotional Development

- Selecting activities independently
- Helping to put away equipment at tidy-up time
- Becoming confident to try “new” activities
- Sitting quietly when appropriate for short periods
- Recognising and talking about their feelings
- Taking turns

Physical Development

- Developing co-ordination and gross motor skills during playtimes, use of the tree house, trikes, bikes and scooters in outdoor activities
- Moving confidently during a variety of activities
- Showing an awareness of space, when moving around
- Holding a pencil effectively—tripod grip. Please encourage at home
- Developing core strength
- Holding scissors effectively

The following are really important pre-cursors to handwriting (You could try them on a large scale with a paintbrush and water on a fence)

- Drawing large anticlockwise circles

Understanding The World

- Finding out about the school environment
- Becoming familiar with people who work in our school
- Becoming familiar with classroom technology
- Identifying and naming parts of the body
- Recognising characteristics that everyone has in common and beginning to understand that everyone is unique and therefore ‘special’

Reception Curriculum Overview

Term 1 2025



Communication and Language

- Interacting with others
- Using conventions such as greetings (“hello”), “please” and “thank you”
- Talking to each other in play situations.
- Listening with enjoyment and responding to stories
- Communicating their wants and needs in full sentences e.g. ‘please can you help me to do up my coat.’

Mathematics

- Building on previous experiences of number from home and nursery environments, and further developing their subitising and counting skills. Exploring the composition of numbers within 5. beginning to compare sets of objects and use the language of comparison.
- Recognising, naming and describing flat shapes and patterns; circle, square, rectangle, triangle

Creative Arts and Design

- Building models of their choosing
- Exploring and using materials such as sand in their play
- Exploring colour and shape using different media
- Singing nursery rhymes and simple songs from memory (Please sing simple nursery rhymes at home. Experts in literacy and child development have discovered that if children know eight nursery rhymes by heart by the time they’re four years old, they’re usually among the best readers by the time they’re eight)
- Exploring the sounds made by instruments
- Using body percussion (claps, stamps etc) to accompany songs and rhymes. Try to clap in time to the beat at home. Speed up and slow down familiar nursery rhymes
- Using their imagination in a variety of play-based activities

Literacy

- Learning to recognise the sounds made by the letters
s a t p i n m d g o c k e u r h b f f l l s s
- Practising blending written sounds to decode words and segmenting spoken words to encode words to spell
- Learning ‘harder to read and spell words’ **I the no put of is to go into pull as his**
- Understanding that in English text is read from left to right.
- Recognising and attempting to write their own name (please ensure they form letters from the correct starting place, using capital letters only for the first initial. This will be very important later)
- Write freely (“pretend writing”) and read back what they have written

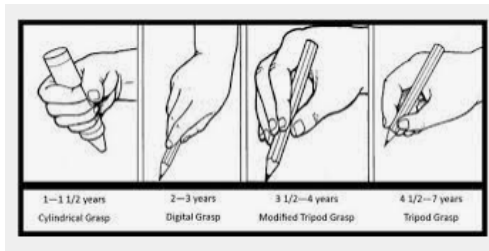
Overleaf is a guide to communicate to you what children will be learning this term.

REMINDER - Keep book bags, coats and drinks separate to avoid spillages.

Please make sure children have a coat in school EVERY day, we go outside regardless of the weather. Help them to learn to pull sleeves through and manage their coat independently.

Things you can help with at home this term.

Pencil grip—tripod grip (if your child is not there yet that is fine.) Pencil hold is developmental and they may need more experience in developing core strength, fine motor activities, shoulder stability and wrist extension (writing on vertical surfaces helps with this). Short stubby crayons/pencils are also great for encouraging a tripod grip.



Scissor hold



Core Strength—climbing, kicking, simple yoga/pilates poses.



thetwistedtreehouse.com

Singing nursery rhymes

Encouraging talking in full sentences (not pre-empting what they are saying)