

Key vocabulary for PE

Ball skills	Gymnastics	Dance	Fundamental movements
control	forwards	stillness	hop
direction	backwards	space	skip
aim	travel	beginning	run
pass	sequence	emotion	jump
shoot	stretch	levels	walk
avoid	curl	direction	gallop
tackle	shape	pathway	leap
space	dismount	rhythm	travel
opposite	position	sequence	balance
speed	core strength	pattern	agility
score	safely	tempo	co-ordination
throw	take off	represent	speed
catch	evaluate	repeat	
accurate		evaluate	
defend			
attack			
target			
overarm			